

**April 23, 2008 (#105)**  
**ALAN WATT**  
**"CUTTING THROUGH THE MATRIX"**  
**LIVE ON RBN**

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**"THE NEW AUTISM**  
**AIN'T WHAT IT USED TO BE -**  
**COMPARATIVE STUDIES WITHIN AMISH COMMUNITY"**  
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**"Code of Silence" by Bruce Springsteen**

There's a code of silence that we don't dare speak  
There's a wall between us and a river so deep  
And we keep pretending that there's nothing wrong  
But there's a code of silence and it can't go on

Is the truth so elusive, so elusive you see  
that it ain't enough baby  
To bridge the distance between you and me  
There's a list of grievance 100 miles long  
There's a code of silence and it can't go on

Well you walk with your eyes open  
But your lips they remain sealed  
While the promises we made are broken  
Beneath the truth we fear to reveal  
Now I need to know now darlin'  
I need to know what's goin' on so c'mon

Hi folks. I'm Alan Watt and this is Cutting Through the Matrix on the 23<sup>rd</sup> of April 2008. There are so many things happening in the world of control freaks you can't keep up with them and on Friday I'm going to talk about a new survey that's going to be done across Britain, where the government is doing 500,000 surveys door-to-door of families and literally going into every aspect of their lives including their sex lives. The Department of Government Statistics, you know the big department that George Orwell talked about.

For newcomers, look into [cuttingthroughthematrix.com](http://cuttingthroughthematrix.com) website and download previous shows until your heart's content and try to fill in all the blank spots that

begin to make sense as to this particular agenda we're living through which we call life and go into [alanwattsentientsentinel.eu](http://alanwattsentientsentinel.eu). Download the transcripts in the various tongues of Europe and print them up and pass them around to your friends.

Now I've been talking about this agenda for years and then when each part happens to come into being, for me it's depressing because it's like déjà vu, it's boring, you know what the whole agenda is, and here you are, talking about what's coming with every step and sure enough it happens and people are always stunned when things happen. They can't believe it's actually happening, but for people like myself and for others, who have woken up, it's very boring because now it's the next part and the next part that you're off on to and you know what's coming down the pike and you know how hard it is to get across to the general public, who still live in la-la land and in Disneyland and in the land of the six o'clock news.

I've talked about the psychopaths at the top, the big elite club of the military-industrial complex, those families that own the cartels across the world. They own the governments across the world. They often participate in their own governments before they go back into top CEO positions; and when you follow the individuals' lives, it's quite interesting. It's like Dick Cheney, the man who managed to skip all wars when everyone else was getting called up because he had the right connections, who ends up in charge of a country and the country's military at one point. Just like Huxley used to salivate over the thought of Tavistock sticking wires into the brains of people.

Here's an article about Cheney. It was on Yahoo News, in fact, this particular article, Mark Thompson from Washington, April 19<sup>th</sup>. I'll read about this article, I'll read from it to show you what kind of things turn on Mr. Cheney and the military-industrial complex. Back with more after these messages.

Hi folks. I'm Alan Watt and we're Cutting Through the Matrix, this big illusion that we've been taught is actually life, and I'm reading an article from Mark Thompson from Washington. I was on Yahoo News a little while ago. It's also in Time as well, I think Time Magazine.

*"The Defense Advanced Research Project Agency, that secretive band of Pentagon geeks that searches obsessively for the next big thing in the technology of warfare, is 50 years old. To celebrate, DARPA invited Vice President Dick Cheney, a former Defense Secretary well aware of the Agency's capabilities, to help blow out the candles."*

**Alan:** They love blowing things out or up.

*"This agency brought forth the Saturn 5 rocket, surveillance satellites..."*

**Alan:** That's for all that's coming down now.

*"...the Internet, stealth technology, guided munitions, unmanned aerial vehicles, night vision and the body armor that's in use today," Cheney told 1,700 DARPA workers and friends who gathered at a Washington hotel to mark the occasion. "Thank heaven for DARPA."*

**Alan:** Well, you see their heaven of course is our hell and eventually some of us

start to figure this out.

*"Created in the panicky wake of the Soviets' launching of Sputnik, the world's first satellite, DARPA's mission, Cheney said, is "to make sure that America is never again caught off guard." So, the Agency does the basic research that may be decades away from battlefield applications. It doesn't develop new weapons, as much as it pioneers the technologies that will make tomorrow's weapons better.*

*So what's hot at DARPA right now? Bugs. The creepy, crawly flying kind. The Agency's Microsystems Technology Office is hard at work on HI-MEMS (Hybrid Insect Micro-Electro-Mechanical System), raising real insects filled with electronic circuitry, which could be guided using GPS technology to specific targets via electrical impulses sent to their muscles. These half-bug, half-chip creations — DARPA calls them "insect cyborgs" — would be ideal for surveillance missions, the agency says in a brief description on its website.*

*Scientist Amit Lal and his team insert mechanical components into baby bugs during "the caterpillar and the pupae stages," which would then allow the adult bugs to be deployed to do the Pentagon's bidding. "The HI-MEMS program is aimed at developing tightly coupled machine-insect interfaces by placing micro-mechanical systems inside the insects during the early stages of metamorphosis," DARPA says. "Since a majority of the tissue development in insects occurs in the later stages of metamorphosis, the renewed tissue growth around the MEMS will tend to heal, and form a reliable and stable tissue-machine interface." Such bugs "could carry one or more sensors, such as a microphone or a gas sensor, to relay back information gathered from the target destination."*

**Alan:** That's where your tax money is going - high-tech to please the machinations of the military-industrial complex and all the psychopaths at the top. You can't feed the world. You can't have a stable economy. You can't help those who deserve help, but you can create billions for this kind of research into creating monsters which will one day be set loose on the public. They can assassinate people obviously with such bugs. If they can guide a mosquito or whatever they want to particular target and the person drops dead, well, who's going to do a post-mortem and worry about that? The big boys will just stand around and whistle in the wind, the same way as they do with the aerial spraying. They don't have to answer you at all and we'll all think it's all just a matter of coincidence, but that's what your money is working on.

In some science fiction movies, they've shown you, and I think there's one that Tom Cruise was in, where they had a condition called "pre-arrest," where these creatures that were hooked up to electronic equipment could predict who was going to commit a crime or could possibly commit a crime and they'd come in and arrest you. When they were sweeping through looking for their suspects, they released millions of little bugs and spiders that went up stairways and under doorways and through rooms and so on, and sent all the data back to their masters. That movie was put out years ago and here they are telling you for the first time they're actually working on such things.

The reason these writers for sci-fi came up with this kind of idea is because they're in on the know and they give us predictive programming, and one day you'll be used to having armies of spiders coming flooding under your door and checking through everything that you're doing and it will all be quite natural.

Now here's another article to talk about because Aldous Huxley talked about powerful groups of very wealthy men in combination could take over the entire planet with scientific technology and very good communications used between them; and that's what they've done basically. They've taken over your food supply, a few cartels, which probably are all one at the top, and through massive propaganda and massive lobbying of all governments they've got us all in this GMO food stuff; and yet it's a completely different reality from all the propaganda.

This article here is from **Green Living** and it came from a newspaper called *The Independent*. Green Living is the article and it says here - there's an awful lot of stuff on here.

### ***"Exposed: The Great GM Crops Myth.***

*Major new study shows that modified soya produces 10 per cent less food than its conventional equivalent.*

*By Andrew Fox*

*Last week the biggest study of its kind ever conducted - the International Assessment of Agricultural Science and Technology for Development - concluded that GM was not the answer to world hunger. Genetic modification actually cuts the productivity of crops, an authoritative new study shows, undermining repeated claims that a switch to the controversial technology is needed to solve the growing world food crisis. The study - carried out over the past three years at the University of Kansas in the US grain belt - has found that GM soya produces about 10 per cent less food than its conventional equivalent, contradicting assertions by advocates of the technology that it increases yields.*

*Professor Barney Gordon, of the university's department of agronomy, said he started the research - reported in the journal Better Crops - because many farmers who had changed over to the GM crop had "noticed that yields are not as high as expected even under optimal conditions". He added: "People were asking the question 'how come I don't get as high a yield as I used to?'"*

*He grew a Monsanto GM soybean and an almost identical conventional variety in the same field. The modified crop produced only 70 bushels of grain per acre, compared with 77 bushels from the non-GM one. The GM crop - engineered to resist Monsanto's own weed killer, Roundup - recovered only when he added extra manganese, leading to suggestions that the modification hindered the crop's take-up of the essential element from the soil. Even with the addition it brought the GM soya's yield to equal that of the conventional one, rather than surpassing it.*

*The new study confirms earlier research at the University of Nebraska, which found that another Monsanto GM soya produced 6 per cent less than its closest conventional relative, and 11 per cent less than the best non-GM soya available. The Nebraska study suggested that two factors are at work. First, it takes time to modify a plant and, while this is being done, better conventional ones are being developed. This is acknowledged even by the fervently pro-GM US Department of Agriculture, which has admitted that the time lag could lead to a "decrease" in yields.*

*But the fact that GM crops did worse than their near-identical non-GM counterparts suggest that a second factor is also at work, and that the very process of modification depresses productivity. The new Kansas study both confirms this and suggests how it is happening. A similar situation seems to have happened with GM cotton in the US, where the total US crop declined even as GM technology took over. Monsanto said yesterday that it was surprised by the extent of the decline found by the Kansas study, but not by the fact that the yields had dropped. It said that the soya had not been engineered to increase yields, and that it was now developing one that would."*

**Alan:** Well that was part of their drumbeat before, wasn't it? - that it would surpass the old crops.

*"Critics doubt whether the company will achieve this, saying that it requires more complex modification. And Lester Brown, president of the Earth Policy Institute in Washington and who was one of the first to predict the current food crisis said that the physiology of plants was now reaching the limits of the productivity that could be achieved. A former champion crop grower himself, he drew the comparison with human runners. Since Roger Bannister ran the first four-minute mile more than 50 years ago, the best time has improved only modestly. "Despite all the advances in training, no one contemplates a three-minute mile."*

*Last week the biggest study of its kind ever conducted - the International Assessment of Agricultural Science and Technology for Development - concluded that GM was not the answer to world hunger. Professor Bob Watson, the director of the study and chief scientist at the Department for Environment, Food and Rural Affairs, when asked if GM could solve world hunger, said: "The simple answer is no."*

**Alan:** There you have it. After all of the hullabaloo and the secrecy to do with the GMO foods and it really was done all in secrecy with secret deals done with the Canadian government from these companies to the government and using the Canadian public as the guinea pigs for this stuff, they're now concluding that they produce less crops. What was the purpose at all? What was the purpose? There's always one or two or three main purposes they could achieve. They don't do this for fun and not just for profit. It's also the fact it alters human behavior, I'm sure of that. It certainly makes us sicker. Back with more after the following messages.

Hi folks. I'm Alan Watt Cutting Through the Matrix and just pointing out how we live in so many illusions - illusions which are broadcast into our minds through massive marketing and good propaganda, something that the big companies have lots of around, really, propaganda backed up with millions of dollars to push it across. Advertising can make you believe anything and these characters also lobby your own governments to make sure that their product will be a winner, and there's nothing better than getting laws passed that people must use your product. What a good sweet deal that is, isn't it? You create a product and get governments to pass laws that everyone must use your product.

Now I think we've got some callers on the line. It's not from the last show, is it? Travis from Texas. There's no callers. I thought not. They're from the previous show.

Now here's an article which is important to do with autism, something that has been skyrocketing over the last 25 years or so, and it's called:

### ***"The Age of Autism: The Amish Anomaly."***

By Dan Olmsted, United Press International

*LANCASTER, Pa., April 18 -- Part 1 of 2. Where are the autistic Amish? Here in Lancaster County, heart of Pennsylvania Dutch country, there should be well over 100 with some form of the disorder. I have come here to find them, but so far my mission has failed, and the very few I have identified raise some very interesting questions about some widely held views on autism. The mainstream scientific consensus says autism is a complex genetic disorder, one that has been around for millennia at roughly the same prevalence. That prevalence is now considered to be 1 in every 166 children born in the United States."*

**Alan:** That's amazing isn't it? It's crept up to that.

*"Applying that model to Lancaster County, there ought to be 130 Amish men, women and children here with Autism Spectrum Disorder. Well over 100, in rough terms. Typically, half would harbor milder variants such as Asperger's Disorder or the catch-all Pervasive Development Disorder, Not Otherwise Specified -- PDD-NOS for short. So let's drop those from our calculation, even though "mild" is a relative term when it comes to autism.*

*That means upwards of 50 Amish people of all ages should be living in Lancaster County with full-syndrome autism, the "classic autism" first described in 1943 by child psychiatrist Leo Kanner at John Hopkins University. The full-syndrome disorder is hard to miss, characterized by "markedly abnormal or impaired development in social interaction and communication and a markedly restricted repertoire of activities and interests," according to the Diagnostic and Statistical Manual of Mental Disorders.*

*Why bother looking for them among the Amish? Because they could hold clues to the cause of autism. The first half-dozen articles in this ongoing series on the roots and rise of autism examined the initial studies and early accounts of the disorder, first identified by Kanner among 11 U.S. children born starting in 1931. Kanner wrote that his 1938 encounter with a child from Mississippi, identified as Donald T., "made me aware of a behavior pattern not known to me or anyone else theretofore." Kanner literally wrote the book on "Child Psychiatry," published in 1934.*

*If Kanner was correct -- if autism was new and increasingly prevalent -- something must have happened in the 1930's to trigger those first autistic cases. Genetic disorders do not begin suddenly or increase dramatically in prevalence in a short period of time. That is why it is worth looking for autistic Amish to test reasoning against reality. Largely cut off for hundreds of years from American culture and scientific progress, the Amish might have had less exposure to some new factor triggering autism in the rest of population. Surprising, but no one seems to have looked."*

**Alan:** Well of course they won't look, because they know what causes it.

*"Of course, the Amish world is insular by nature; finding a small subset of Amish is a challenge by definition. Many Amish, particularly Old Order, ride horse-and-buggies, eschew electricity, do not attend public school, will not pose for pictures and do not chat casually with the "English," as they warily call the non-Amish. Still, some Amish today interact with the outside world in many ways. Some drive, use phones, see doctors and send out Christmas cards with family photos. They all still refer to themselves as "Plain," but the definition of that word varies quite a bit.*

*So far, from sources inside and outside the Amish community, I have identified three Amish residents of Lancaster County who apparently have full-syndrome autism, all of them children. A local woman told me there is one classroom with about 30 "special-needs" Amish children. In that classroom, there is one autistic Amish child. Another autistic Amish child does not go to school. The third is that woman's pre-school-age daughter. If there were more, she said, she would know it. What I learned about those children is the subject of the next column.*

*Three-year old Julia is napping when I arrive at the spare, neat, cheerful house on Musser School Road near the town of Leola in Lancaster County. She is the reason I have driven through the budding countryside on this perfect spring day, but I really do not need to meet her. In the last column, I wrote about trying to find autistic Amish people here in the heart of Pennsylvania Dutch country, and noted there should be dozens of them -- if autism occurs at the same prevalence as the rest of the United States."*

**Alan:** Back with more on this topic and you'll find something very interesting. More after these messages. Hi folks. This is Alan Watt Cutting Through the Matrix. I'm going through the study on autism amongst the Amish community and they found three cases, but here's the interesting part. He talks to the mother of one of the children and she says:

*"Unfortunately our autistic daughter -- who's doing very well, she's been diagnosed with very, very severe autism -- is adopted from China, and so she would have had all her vaccines in China before we got her, and then she had most of her vaccines given to her in the United States before we got her. "So we're probably not the pure case you're looking for."*

*Maybe not, but it was stunning that Julia Inion, the first autistic Amish person I could find, turned out to be adopted -- from another country, no less. It also was surprising that Stacey-jean launched unbidden into vaccines, because the Amish have a religious exemption from vaccination and presumably would not have given it much thought. She said a minority of Amish families do, in fact, vaccinate their children these days, partly at the urging of public health officials. "Almost every Amish family I know has had somebody from the health department knock on our door and try to convince us to get vaccines for our children," she said. "The younger Amish more and more are getting vaccines. It's a minority of children who vaccinate, but that is changing now."*

**Alan:** It goes on about the other two with autism, and lo and behold, you'll find it's just the same kind of thing. They've either taken a vaccine or they were adopted children, adopted in to the community. That's the kind of proof you need to say that it's the vaccine. It's not just the mercury in the vaccine. The plain facts

are, go back into your history books, read articles put out by those who want to reduce the population and create a rather stupid to dull population to control during the big push towards global government and you start to put two and two together. There's other things in those vaccines which attack centers of your brain and that's just the plain facts. Hard but true.

We'll go to the phone now and we've got Harley from Michigan on the line. Are you there, Harley?

**Harley:** Good evening, Alan. How are you this evening?

**Alan:** Doing well.

**Harley:** Good. Hey, listen, it was interesting when you mentioned that because when you were talking about the vaccines and the Amish children, I can guarantee you that if you did a sperm count on the men in the Amish community I bet you they don't have a problem. I bet you their sperm count hasn't dropped if they haven't taken any of the vaccines like we have; and it's funny that once you say that, I think about the book I've been reading, actually I've read the book, by Bertrand Russell, "Science and the Impact on Society," and one of the things that he talked about was food and population and how to bring it down. He talked about how the scare and how that we need to modify the human gene, if you will, and basically he was just saying that we need to modify to make a more dumb servant or serfer slave as he would call it; and it's funny that we see this what Aldous Huxley and what he talked about how it's coming - it's just flourishing so much now. Where I work at - I work at a hospital here in the metro area and now they're pushing now that they want all people at the hospital to start taking flu shots, okay. They want you to start taking flu shots and I'm saying, I told them all right I've already said it. I'm not taking a flu shot and they're talking about my job could be threatened. You know what I told them? I could pack my bags. I know how to sow crops. I know how to survive. I don't need to be in this system anymore because I'm not going to just bow down because of what you want and I'm finding out that you're not going to save everybody.

**Alan:** That's true. You're not.

**Harley:** This thing is not for everybody - everybody is not going to wake up from it, so you know I just wanted to comment on that. Also, one other thing real quick before I get out and I'll let somebody else get on. I got a DVD documentary. It's about Aldous Huxley. It's called the - oh boy, it just slipped my mind. It's called "The Doors - the Windows of Perception." It's a DVD, a documentary he did and I have an extra copy. Would you like for me to send you one?

**Alan:** Sure, yes.

**Harley:** Okay, so the next time when I'm floating around and I get to go over to Canada or the city over there to Windsor, I'll just send it that way. Is that okay?

**Alan:** Sure.

**Harley:** All right then. All right, Alan, have a good night and I'll listen to your comments.



**Alan:** Thanks for calling. Yes, Huxley was quite the character. When he was dying and he had cancer of the tongue, his last wish was to be shot up with LSD and mescaline and he was given that wish and so he went out going through various doors of perception or misperception. Who knows? We'll never know. He died a "happy man."

Now going onto Callum from Connecticut. Are you there, Callum?

**Callum:** Yes I am, Alan. How are you?

**Alan:** Not so bad.

**Callum:** Okay. That's interesting that you're talking about autism. I just saw a commercial on TV about a one in 150 kids born today will have it and I was asking my wife, actually, if that's like something that people got, say, 200 or 300 years ago. You know she didn't know. Well what do you think?

**Alan:** For the shots?

**Callum:** Well no, but autism itself.

**Alan:** Autism used to be extremely rare. It used to be about 1 in 160,000 and it was a different kind of autism. The child showed no signs of progression along the milestones from its birth. The new type of autism kicks in generally within two weeks after its multiple shots around of the age of two and then it starts going backwards. At two years of age it's already saying "dada," "mama" and so on and suddenly it goes quiet, and they know darn well at the top it's a reaction. It's an intentional reaction. They know what this does to the brain, and again you have other characters who've written about targeting the brain with chemicals and even viral agents which can target specific parts of the brain to bring down the IQ level to make people more docile in general.

**Callum:** And even frequencies and such, right?

**Alan:** There's many ways to do it but chemical means - and the warfare establishment industries are heavily in bed with the pharmaceutical industries. They work together on warfare designs and they can bring any chemical or compound straight to a particular part of your brain and wipe out that part; and that's what they said at the talk too. Guys like Arthur Koestler said we shall have to destroy that part of the brain that gives people their individual thinking. In a new system, a new world, they won't need that. They won't need their individual identities because the state will be making all their decisions for them. Then going back to Lord Bertrand Russell, he talked about the communists, knowing they were doing the same thing in Britain and America, but he said by the use of a needle they could bring down the IQ and create a more obedient population. It's happened.

**Callum:** It's like they could that right now behind the Iron Curtain and such because it's like a rogue state, you know, like where there's - it's like against everything, or like the Nazis and stuff like that. It's like a rogue laboratory type thing.

**Alan:** It is. It's a closed society. It's a perfect test for statistics and study.

**Callum:** It's like beyond legal. You know what I mean? Maybe that's why they do that.

**Alan:** That's right. They can make anything legal. That's what they've done in the Western Hemisphere. They made it legal, not only legal but mandatory, that you get all these shots for your children and they come on very, very heavy if you refuse.

**Callum:** Well, I was wondering if I could just read a little thing here that I have.

**Alan:** Yes.

**Callum:** It's a book called "*Towards Century 21.*" I don't know if you've heard of it, but I found this in the trash like 10 years ago and I think it's done by the United Nations, but interesting. I just looked in the list of authors and one of the authors is [Alan Watts], the guy from back in the '70s talking about metaphysics and such. Anyway, it's just a quick thing. The title here is: "Possible Steps Towards the World Rule of Law." It says:

*"It is quite likely however that the decision makers of Century 21 will have to continue to concentrate their efforts on the problems of peace and security and the replacement of the rule of force with the rule of law. The main ingredients of an effective world war are well known today."*

**Callum:** Just to bring it down a couple of paragraphs, it says:

*"There could be no rule of law as long as some major powers, perhaps if from the main institutions of the world committee, membership in the United Nations should not be considered a privilege, a reward to a well behaving nation, but obligation to be imposed on every country whether it likes it or not."*

**Callum:** Like I thought that was pretty wild.

**Alan:** Well that's how it is. There's nothing democratic about the United Nations or the way it implements its agenda. It's an authoritarian structure.

**Callum:** That's so apparent, its lack of democracy. It's like just whatever. It's like a forceful thing in every country. (inaudible) I don't know. This is written in 1970.

**Alan:** Yes, and there's many, many more like that. I have books from the 1920's from the League of Nations giving the same kind of talks out and the same agenda.

**Callum:** You know how it is, like these books are so much in these things. It may be like one paragraph out of five pages, but it's interesting then. If I could just do just one more, because this is the next paragraph down and it alludes to a book by Herman Kahn called "Thinking the Unthinkable." It says:

*"A limited nuclear exchange that would frighten the leaders of the world into accepting world government on the spot in order to avoid further destruction. If this should happen we would be wise to have a good plan ready and we should start working on it before it's too late."*

**Alan:** That's what they used the whole Cold War and the threat of nuking, mutually assured destruction, they terrified a whole generation that this was going

to happen so that we'd give up all our rights.

**Callum:** Exactly, and the next step with it being replaced by the idea of terrorism, and the same thing is happening with us, right?

**Alan:** That's right. The books are all out there and they're very dry and boring, but you get that occasional gem of a paragraph and it suddenly wakes you up and that's how they do it. They tuck it in amongst very boring material.

**Callum:** It's amazing. Anyway, it's a pleasure. Thank you, Alan.

**Alan:** Thanks for calling. Now we've got Russ from New York.

**Russ:** Hello Alan. Can you hear me?

**Alan:** Yes.

**Russ:** It's good talking to you, Alan. I admire you. You're so much smarter than me. Everything has come hard from music to you name it, but I will say I was in the army in 1969. Went to the local library, wanted to find out about the rich people but it was a naïve thing, Alan. I thought I'd see how they did it and maybe I could follow suit and the book I checked out was called "*The Rich and the Super Rich*" by Ferdinand Lundberg. I think you're familiar with that. It opened my eyes quite a bit and I had problems in the army. To make a long story short, I do draw compensation now and I've listened to about 30 of your shows in the last six weeks. I went to your website too. I had listened on RBN and my question to you, Alan. I have about a nine-month supply of the four B's. I do have a Bible, King James Version. I have ammo. Because I'm a disabled vet, Alan, with a nervous condition and it's hard to get the firearms but I got my hands on a couple of 22's and I have about a nine-month supply of canned goods, food and I have - I was wondering. This is going to be prolonged; they say it's a 100-year war, maybe another 30 years having trouble getting supplies or whatever. How long of supplies should I have on hand, Alan? I'm on limited income and to get the nine months of everything took a great effort.

**Alan:** Well, the thing is, too, if you go into bulk stores and buy things like beans and so on and get five gallon pails and you can seal them. You can seal them with actual types of glue that will last for years. Things like beans and stuff, anything you can make soups up with and buy in bulk. It's very, very cheap and it will keep you through - and you can store up a lot of stuff for quite a few years that way with a little buy and that kind of thing.

**Russ:** Yes. It's hard for me to get out. I'm totally disabled now but I think I know what you mean and I do have a helper that helps me at the grocery store get the items and I buy them on sale and try to buy in bulk.

**Alan:** If you go into places like pizza shops and so on, they generally have the five-gallon pail buckets with the very good airtight lids and you get them free if you tell them to collect them for you, and you just start filling those guys up and put that lid on there and keep it sealed.

**Russ:** How long I should be able to go on my own? I have about a nine-month supply?

**Alan:** Nine months isn't bad at all, because a lot happens in nine months and even for those who can move, get on the move then, you don't want too much--

**Russ:** I should say I have about \$9,000 in bullion coins; 90 percent silver and American Eagles and I understand there may come a time when I'll need it to pay my utilities and get some groceries and how much should I have on hand?

**Alan:** It's so difficult to say. I mean I always think back to FDR when he came in. The bankers of course put him in after they caused the world depression.

**Russ:** He was illuminati, wasn't he?

**Alan:** Yes and he also put out the law for everyone to turn in their gold to the government.

**Russ:** Yes, I know that.

**Alan:** See, when that happens and they prohibit you from exchanging that gold or that anyone you offer it to has to report you, then you have to know who you're dealing with. It has to be people you can trust because they'll do the same thing again.

**Russ:** You think they'll confiscate gold?

**Alan:** It's very probable because these guys don't want anyone to escape outside this system and so they're trying to--

**Russ:** Yes, I understand that, but aren't there other ways for them to get a lot more gold than going to--

**Alan:** They don't need it. They don't need the gold. They just don't want you to have any other means of exchange.

**Russ:** I see, yes.

**Alan:** They want you with a ration card going to them. The music is coming up now, but thanks for calling.

**Russ:** Thanks very much, Alan. Keep up the good work.

**Alan:** Talk to you again. Back after these messages. Hi folks. I'm Alan Watt cutting through this weird old matrix - something we didn't design, something that you're born into. Something that's fully up and running and it works simply because everyone else is in it, too, and their indoctrination has worked on them and they believe it's all quite natural. Therefore, they bounce their ideas against each other and come back with the same answers as they give themselves, thinking, "We're all sane. We all have the same opinion on everything. The world really is round. Governments really do exist and they really do govern and they take care of us," and that's what we've been taught to believe; yet nothing is further from the truth. Governments work on agendas, which they don't themselves understand. You don't have to understand. You just do what you're told once you're picked to be a president or a prime minister. That's when you're pulled aside and reminded that you're not really the boss, and then you just set off

demands made upon you which you better fulfill. You get offers which you can't refuse, you might say.

As Professor Carroll Quigley said in his own book, ***"Tragedy & Hope"*** and his other book ***"The Anglo-American Establishment,"*** talking about the CFR in America and its British counterpart The Royal Institute of International Affairs, he says, "presidents and prime ministers have been picked for at least 50 years by these institutions and presented to the public." He said they know their part in the Great Plan, the Great Agenda, and he said a few of the advisers do as well. That's all they need and he's talking about both sides of every party. He said the little politicians beneath them, the smaller up-and-coming ones, are allowed a certain amount of free competition amongst each other, but they don't really matter because they're not in on the Great Plan.

However, the guys at the top are hand picked. There's left or right, it makes no difference. They're hand picked. They both work for the same agenda and my whole life long I've never seen this agenda falter because someone was voted into an office and did something he wasn't supposed to do. We're right on schedule. You'll notice that Mr. Bush and the two prime ministers of Canada and Mexico signed another part of their integration deal yesterday at the Earth Summit or Earth Day it was called and they planted a tree, just to start off a new grove, I guess. They love groves and they have two more to go to 2010 and then the U.S., Canada and Mexico are fully economically, militarily and governmental-wise completely integrated by 2010. They're using this crisis they're bringing upon the world, this financial crisis and the food crisis and all the other crises, because it's the age of crisis creation. They're using all of that to convince the public that this is the only way we can come through it, as we're coming under a system identical to the European Union.

They make the future happen by creating the circumstances. Not hard to do when the boys and the cartels who own your food supply of the planet belong to your little club. Not hard to do when the guys who literally own the water supply of your planet belong to your little club. Not hard to do when the guys who own the military-industrial complex and all the troops that work for them are in your little club. Quite simple really, isn't it? Quite simple.

Well, this is goodbye for tonight from Hamish and myself in Ontario, Canada, where the sun is now shining, and it's good night and may your god or your gods go with you.

**(Transcribed by Linda)**